

TIMETABLE TERM 2 2023



SouthPort
Community
Centre Inc.

MONDAY

Exercise for all ages

9.15 - 10 am

\$7 per session *

Monday Drop In

Recreation group for people with mental health issues.

11 am - 2 pm

\$2 per session



SouthPort Community Centre

154 Liardet St
Port Melbourne, VIC 3207

Ph. 9645 1476

reception@southportcc.org.au

TUESDAY

Stretch Class

9.15 - 10 am

\$10 per session *

ARCS Training

10 am - 1 pm

FREE conc. / \$250 **

Reading & Writing

1 - 3 pm

FREE. Call for more info

Vossanova Choir

1.30 - 3.30 pm *

Free. Call for more info

Bridge

1.30 - 5 pm

FREE. Call for more info

WEDNESDAY

Barre

9.15 - 10 am

\$10 per session

Chatty Cafe

10.30 am - 12 pm

FREE

Art Connect

10.30 am - 12 pm

\$2.50 conc. / \$5

Share and Care Entertainers

12.30 - 2 pm

\$7 per session *

Stories of the South Side

1.30 - 4.30 pm *

FREE. Call for more info

City of Voices Community Theatre

4.30 - 7 pm *

\$6 / \$8 Daylinks transport

THURSDAY

Accessible Yoga

10.15 - 11.15 am

\$20 (4 weeks prepay)

Speaking Out

A communication & leadership course for people living in public / social housing.

1.30 - 3.30 pm FREE

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FRIDAY

Exercise for all ages

9 - 9.45 am

\$7 per session

Women's Activity Group

Recreation group for people with mental health issues.

12.30 - 3.30 pm

\$5+ per session

OTHER PROGRAMS

DigiIn Community Garden

Call for more info *

Get Out Of Town

School Holiday Family Program

Call for more info

Waterfront Welcomers

Call for more info



** Please enquire about our fee structure for ACFE funded courses

FEATURED PROGRAM

ARCS

(Applied Reception & Customer Service) Training

ARE YOU UNEMPLOYED OR UNDER-EMPLOYED?
EXPERIENCING BARRIERS TO PAID WORK?

Then ARCS is for you:

Innovative learning program in a **small group setting** teaching **real-life work skills** in on-the-job environment, combined with classroom & project based learning. 6.5 hrs per week over 21 weeks on Tuesdays + practical weekly training shift at reception.

Cost: FREE ** / \$250

More info on 9645 1476 or reception@southportcc.org.au

www.southportcc.org.au

* CLASSES HELD AT DIFFERENT VENUES. PLEASE CONTACT US FOR MORE INFO.