

TIMETABLE TERM 1 2023

www.southportcc.org.au



SouthPort
Community
Centre Inc.

MONDAY

Exercise for all ages

9.15 - 10 am

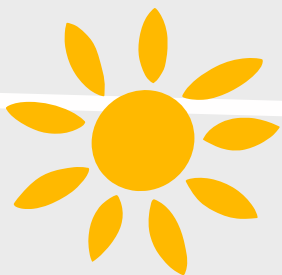
\$7 per session

Monday Drop In

Recreation group for people with mental health issues.

11 am - 2 pm

\$2 per session



SouthPort Community Centre

154 Liardet St
Port Melbourne, VIC 3207

Ph. 9645 1476

admin@southportcc.org.au

TUESDAY

Stretch Class

9.15 - 10 am

\$10 per session

ARCS Training

10 am - 12.30 pm

FREE conc. / \$250 res.*

Reading & Writing

1 - 3 pm

FREE. Call for more info

Vossanova Choir

1.30 - 3.30 pm

Free. Call for more info

Bridge

1.30 - 5 pm

FREE. Call for more info

WEDNESDAY

Barre

9.15 - 10 am

\$10 per session

Chatty Cafe

10.30 am - 12 pm

FREE

Art Connect

10.30 am - 12 pm

\$2.50 conc. / \$5

Share and Care Entertainers

12.30 - 2 pm

\$7 per session

Stories of the South Side

1.30 - 4.30 pm

FREE. Call for more info

City of Voices Community Theatre

4.30 - 7 pm

\$6 / \$8 Daylinks transport

THURSDAY

Accessible Yoga

10.15 - 11.15 am

\$20 (4 weeks prepay)

Speaking Out

A communication & leadership course for people living in public / social housing.

1.30 - 3.30 pm FREE

FRIDAY

Exercise for all ages

9 - 9.45 am

\$7 per session

Women's Activity Group

Recreation group for people with mental health issues.

12.30 - 3.30 pm

\$5+ per session

OTHER PROGRAMS

DigIn Community Garden

Call for more info

Get Out Of Town

School Holiday Family Program

Call for more info

Waterfront Welcomers

Call for more info

FEATURED PROGRAM

ARCS

(Applied Reception & Customer Service) Training

ARE YOU UNEMPLOYED OR UNDER-EMPLOYED?
EXPERIENCING BARRIERS TO PAID WORK?

Then ARCS is for you:

Innovative learning program in a **small group setting** teaching **real-life work skills** in on-the-job environment, combined with classroom & project based learning. 6.5 hrs per week over 21 weeks on Tuesdays + practical weekly training shift at reception.

Cost: FREE * / \$250

More info on 9645 1476 or training@southportcc.org.au

* Please enquire about our fee structure for ACFE funded courses

