

TIMETABLE TERM 4 2022

www.southportcc.org.au



SouthPort
Community
Centre Inc.

MONDAY

Exercise for all ages
9.15 - 10 am
\$7 per session

Monday Drop In
Recreation group for people
with mental health issues.
11 am - 2 pm
\$2 per session

TUESDAY

Stretch Class
9.15 - 10 am
\$10 per session

ARCS Training
10 am - 12.30 pm
FREE conc. / \$250 res.*

Reading & Writing
1 - 3 pm
FREE. Call for more info

Vossanova Choir
1.30 - 3.30 pm
Free. Call for more info

Bridge
1.30 - 5 pm
FREE. Call for more info

WEDNESDAY

Barre
9.15 - 10 am
\$10 per session

Chatty Cafe
10.30 am - 12 pm
FREE

Art Connect
10.30 am - 12 pm
\$2.50 conc. / \$5

**Share and Care
Entertainers**
12.30 - 2 pm
\$7 per session

**Stories of the South
Side**
1.30 - 4.30 pm
FREE. Call for more info

**City of Voices
Community Theatre**
4.30 - 7 pm
\$6 / \$8 Daylinks transport

THURSDAY

Accessible Yoga
10.15 - 11.15 am
\$20 (4 weeks prepay)

Speaking Out
A communication &
leadership course for people
living in public / social housing.
1.30 - 3.30 pm FREE

FRIDAY

Exercise for all ages
9 - 9.45 am
\$7 per session

**Women's Activity
Group** Recreation group
for people with mental
health issues.
12.30 - 3.30 pm
\$5+ per session

OTHER PROGRAMS

**DigIn Community
Garden**
Call for more info

Get Out Of Town
School Holiday Family
Program
Call for more info

**Waterfront
Welcomers**
Call for more info

FEATURED PROGRAM

ARCS



(Applied Reception & Customer Service) Training

**ARE YOU UNEMPLOYED OR UNDER-EMPLOYED?
EXPERIENCING BARRIERS TO PAID WORK?**

Then ARCS is for you:

Innovative learning program in a **small group setting**
teaching **real-life work skills** in on-the-job environment,
combined with classroom & project based learning. 6.5
hrs per week over 21 weeks on Tuesdays + practical
weekly training shift at reception.
Cost: FREE * / \$250

More info on 9645 1476 or training@southportcc.org.au

* Please enquire about our fee structure for ACFE funded courses



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Port Melbourne, VIC 3207

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