

OTHER PROGRAMS

BROADBAND FOR SENIORS

FREE!!!

Volunteers provide 1-2 guided sessions.
More information call 9645 1476

Venue MPCC

MINI MAESTROS Music program for pre-school children.
Builds confidence and fosters a love of music. Classes for age groups from 6 months to 5 yrs. Contact Janet on 0425 806 037

WATERFRONT WELCOMERS If you're passionate about Port Melbourne and love meeting new people, the Waterfront Welcomers are keen to welcome you aboard as a volunteer. Visitor greeting at Station Pier.

For more information contact Brian on 0400 642 667

apply now!

SouthPort Community Centre Inc.

154 Liardet Street

Office Hours: **Monday - Friday 9.30 am - 4.30 pm**

Phone: **9645 1476**

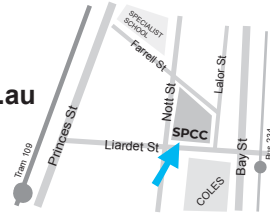
Fax: 9645 4539

Email: admin@southportcc.org.au

Web: www.southportcc.org.au

Postal Address: **PO Box 721**

Port Melbourne, VIC 3207



VENUES

SouthPort Community Centre (SPCC) 154 Liardet St, cnr. Nott St Port Melbourne (Melway Ref: 2J E4-E5)

Port Melbourne Community Rooms (PMCR) entry through Coles carpark or big blue gates downstairs at 147 Liardet St, Port Melbourne (Melway Ref: 2J E4-E5)

Elwood St Kilda Neighbourhood Learning Centre (ESNLC) 87 Tennyson Street, Elwood (Melway Ref: 67 D2)

Sol Green Recreation Centre (SGRC) Corner Coventry & Montague Sts, South Melbourne (Melway Ref: 2J K2)

Dig In Community Garden (DICG) Murphy's Reserve, Williamstown Rd, Port Melbourne (Melway Ref: 2J B2)

Fishermans Bend Community Garden (FBCC) Corner Dunstan Pde & Centre Ave, Garden City (Melway Ref: 56/H2)

Sandridge Trugo Club (STC), 1 Tucker Ave, Garden City (Melway Ref: 56 K2)

Middle Park Community Centre (MPCC) 254 - 256 Richardson St Middle Park, (Melway Ref: 2K / E11)

South Melbourne Community Centre (SMCC) Corner Park St & Ferrars Place (Melway Ref: 2K B4)

ROOM HIRE Looking for a space to run a course or hold a meeting or a function?

We have well equipped community spaces suitable for small groups to large workshops. www.southportcc.org.au
Contact Deb King on 9645 1476 or finance@southportcc.org.au

PAYMENTS: You need to pay when you enrol to guarantee your place. CASH or CHEQUE or ELECTRONIC TRANSFER ONLY. Please see enrolment form for instructions.

DONATIONS: Donations over \$200 are tax deductible. Please contact us for more information. **Incorp. No. A0011788B**

SouthPort Community Centre reserves the right to alter, cancel or otherwise modify the information, which is correct as of September 2019.

We gratefully acknowledge the support of our funders:



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SouthPort
Community
Centre Inc.

TERM 4 2019

October - December

COMING SOON:

MADE IN PORT PHILLIP

NEW
SOCIAL ENTERPRISE
PROJECT SUPPORTING
TRAINING PATHWAYS.

PRODUCTS WILL FEATURE
ICONIC IMAGES OF
PORT PHILLIP.

SouthPort Community Centre Inc.
is a non-profit community-based organisation.
Visit our website www.southportcc.org.au
or call **9645 1476**

COMPUTERS

Learn IT skills in a friendly and stimulating atmosphere with our experienced teacher.



OFFICE IT SKILLS

Mondays 1 - 3.30pm

Improve your work related office administration IT skills!
For students with basic knowledge of computers.

20 hours over 8 weeks. Cost: \$50 conc.* / \$80** Venue: SPCC

HEALTH & WELLBEING

EXERCISE FOR ALL AGES

Mondays 9.15 - 10 am
Fridays 9 - 9.45 am

Cost: \$5 per session
Venue: SGRC
Venue: SPCC

STRETCH CLASS

Tuesdays 9.15 - 10 am

Cost: \$10 per session
Venue: SGRC

TAI CHI

Tuesdays 9.30 - 11 am

Cost: \$5 per session
Venue: SMCC



ACCESSIBLE YOGA

for participants with mobility issues.
Gentle guidance through simple stretches, breathing and relaxation.

Thursdays 10 - 11 am Cost: \$20 / 4 session Venue: PMCR
BARRE Developing strength, flexibility and balance through your hips and core. Everyone is welcome. Venue: SPCC
Wednesdays 9.15 - 10 am Cost: \$5 per session

ALIVE AND AWARE We design and bring our wellbeing workshops to you! Workshops include, yoga, meditation, men's health and more. We can link you into other programs.
Various times and locations.
Free to disadvantaged groups. Call for more info on 9645 1476

ART & PERFORMANCE

CITY OF VOICES COMMUNITY THEATRE

Learn performance skills & participate in theatrical productions. All welcome. Contact us for details on how to become involved.
Wednesdays 4.30 - 7 pm Venue: SMCC

DROP IN ART

Relaxed environment. No artistic skills needed. Materials supplied.
Cost: \$5 or \$2.50 conc. Venue: SPCC

SHARE & CARE ENTERTAINERS

Wednesdays 12.30 - 2pm
We tap dance and entertain the community. All ages group.
New members & beginners welcome. Cost: \$7 per session
Contact Carol on 9645 2369 Venue: FBCC

ROARHOUSE A vibrant, socially inclusive live showcase of music, spoken word, poetry & performance arts. Events at various venues. Please join us! www.roarhouse.org

VOSSANOVA This is a choir for people who sing for enjoyment. You'll learn to sing in a variety of styles and develop skills in songwriting, harmonising, breathing techniques, confidence, projection and much more.
Tuesdays 1.30 - 3.30 pm
Cost: FREE Venue: SPCC

For more details or to apply please call us on 9645 1476

RECREATION GROUPS FOR PEOPLE WITH MENTAL HEALTH ISSUES

MONDAY DROP IN

Cost: Donation for meal and activity.

Mondays 11 am - 3 pm

Venue: SGRC

WOMEN'S ACTIVITY GROUP

every 2nd Friday 12.30 - 3.30 pm
Cost: \$5 per session. Requires booking.

Venue: SPCC



EDUCATION FOR LIFE

SPEAKING OUT A communications & leadership course for people living in public or social housing.

9 weeks. Cost: Free

Wednesdays 11 am - 3 pm

ENGLISH AS A SECOND LANGUAGE

Improve skills in reading, writing, listening and speaking.

Grammar, pronunciation, conversation, current affairs and more!

Beginners / Intermediate

Tuesdays 10 am - 12 pm

10 weeks. Cost: \$35* / \$50 / \$90

Venue: SPCC

READING AND WRITING

Tuesdays 12.30 - 2.30 pm

Improve your literacy and numeracy skills.

Venue: SPCC

10 weeks. Cost: FREE / \$50 / \$90**

STORIES OF THE SOUTH SIDE

14 weeks x 3 hrs. Cost: FREE

Wednesdays 1.30 - 4.30 pm

More info on 9645 1476 or admin@southportcc.org.au

ARCS (Applied Reception & Customer Service) Training

Innovative learning program in a **small group setting** teaching **real-life work skills** in on-the-job environment, combined with classroom & project based learning. 6.5 hrs per week over 22 weeks on Wednesdays 1 - 4 pm + practical weekly training shift
Cost: FREE *** / \$250

Req: Australian Citizenship or PR

Venues: SPCC & ESNLC

More information on 9645 1476 or training@southportcc.org.au

MAKE YOUR MARK Young artists (age 12-25) - learn from successful creative industry experts how to professionally design and sell your own work.

Thursdays 6.30 - 9 pm

8 weeks. Cost: FREE*** / \$15 per session

Venue: SPCC

ACTIVITIES

DIG IN COMMUNITY GARDEN

Cost: \$30 - \$70 p/y.

Working Bee 1st Sunday of month 10 am

Community garden plots

Call us for more info.

Venue: DICG

FISHERMANS BEND COMMUNITY GARDEN

Community garden plots. Call us for more information.

Cost: \$20 p/y

Venue: FBCC

BEGINNERS BRIDGE CALL US FOR MORE INFO ON 9645 1476

FREE!!! Donation for refreshments.

Venue: SPCC

BRIDGE - SUPERVISED COURSE

Cost: \$5 per session

Thursdays 1.30 - 4 pm

Venue: SPCC

DUPLICATE BRIDGE

For experienced duplicate Bridge players
Clinic and refreshments included.

Wednesdays 1 - 4 pm

Cost: \$10 per session

Venue: SPCC

SCRABBLE

Donation for refreshments.

Wednesdays 2 - 4 pm

Venue: SPCC

FAMILY FRIENDLY

GET OUT OF TOWN

School holiday family program. Great free activities for concession card holders. 3 day activities per term.

Call us for more info on 9645 1476

NEW PROGRAMS

MADE IN PORT PHILLIP

social enterprise will feature specially designed locally made products featuring iconic images of Port Phillip. All sales revenue goes toward training programs & employment pathways for disadvantaged local residents, including unemployed youth.

For more information contact Vicky on 9645 1476 or email mipp@southportcc.org.au



* Please enquire about our fee structure for ACFE funded courses

** Non-permanent Australian resident price is \$100

*** SPCC free for concession card holders and unemployed